



SUNDAY ROASTS

12- Gone

MAIN MENU ALSO AVAILABLE

CYCHWYN/TO START

Mushroom & Crumbly Blue Arancini (V/VG/GF) £8.50

Deep fried, Balsamic Glazed Leaf Bed, Tomato & Herb Sauce.

Soup of The Day (V/VGA/GFA) £6.95

Baked Bread, Welsh Butter.

Tangy Sweet Prawns (GFA) £8.50

Iced Romain Lettuce Bed, Melba Toast.

Caprese Salad (V/GF) £7.95

Sliced Mozarella, Balsamic Vinagerette Salad, Vine Ripened Tomatoes.

Chicken & Mushroom Bon Bons £8.50

Truffle Mayonnaise.

Horiatiki Salata (V/GF) £7.50

Traditional Greek Chopped Salad, Feta, Olives, Olive Oil.

Coronation Chicken Terrine (GF) £8.50

Iced Bathed Lettuce Bowl, Sweet Mango & Curry Sauce.

Salt & Chilli Squid £7.95

Garlic Mayonnaise, Sweet Chilli Sauce.

Sauteed Mushroom Crostini (V/VG/GFA) £7.50

White Wine Garlic Mushrooms, Garlic Crostini, Mixed Leaves.

PLANT/CHILDRENS

Breaded Chicken Goujons £7.50

Baked Beans, Skinny Fries.

4oz Beef Burger £8.50

With Cheese, Skinny Fries.

Penne Pasta (VG) £7.50

Tomato & Basil Sauce

Sausage & Mash (VA) £7.50

Chef's Gravy

Fish Bites (GFA) £7.95

Skinny Fries, Crushed Minted Peas

Hawaiian Pizza (VA) £7.95

Cheese, Ham, Pineapple, Skinny Fries

PRIF GWRS/MAIN COURSE

Belly Pork Strips (GF) £22.50

Colcannon Mash, Apple Cider Gravy, Charred Brocolli.

Traditional Fish & Chips (GFA) £18.95

Home Cut Wedges, Mushy Peas, Tartare Sauce.

Lamb Kofta Gladiator Salad (GF) £18.50

Superfood Salad, Edamame Beans (served warm), Tzatziki Dip

Charred Halloumi Linguini (V) £17.50

Garlic & Herb linguini, Garlic Bread.

The Ring's Pie Of The Week £17.50

Home Cut Wedges, Garden Peas, Chef's Pan Gravy.

Maple Beef Burger £17.95

Salad, Brioche Bun, Welsh Cheese, Skinny Fries, Slaw.

Chic Glazed 1/2 Roast Chicken (GF) £19.50

Sweet Potato Fries, Honey Mustard Dip

Mushroom & Crumbly Blue Arancini (V/VG) £18.50

Tomato & Herb Linguini, Plant Based Garlic Bread.

Tangy Sweet Salmon (GFA) £23.50

Pan Fried Salmon, Tangy Sweet Sauce, Wild Rice, Charred Broccoli.

The Ring's Welsh Cheddar Pie (V) £16.95

Potato, Cheese & Onion, Home Cut Wedges, Baked Beans.

Rosemary Infused Chicken (GFA) £18.95

Garlic & Herb linguini, Garlic Bread.

10oz Gammon Steak (GF) £18.50

Home Cut Wedges, Fried Egg, Charred Pineapple Slice, Garden Peas.

Gladiator Cheeze & Mushroom Salad (VG) £17.50

Superfood Salad, Edamame Beans(warm), Zesty Lemon Greek Dressing

10oz Sirloin Steak (GFA) £27.50

Home Cut Wedges, Grill Garnish, Onion Rings.

Add Sauce - Wild Mushroom, Peppercorn, Perl Las Blue £3.50

Add Shrimp £3.50

(V) Vegetarian (VA) Vegetarian Available (VG) Vegan (VGA) Vegan Available (GF) Gluten Free (GFA) Gluten Free Available. Before ordering drinks or food, please speak with a member of our team about your requirements. Whilst we take care to preserve the integrity of our vegetarian/vegan products, we must advise that these products are handled in a multi-ingredient kitchen environment. All dishes are

products are handled in a multi-ingredient kitchen environment. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (fryers, grills etc) and food preparation areas maybe shared and fried items containing different allergens may be cooked in the same frying oil.